

# SUMMER EXPERIENCES AT CHEVAL BLANC ST-BARTH ISLE DE FRANCE New for 2016



This summer, Cheval Blanc St-Barth Isle de France is unveiling four new experiences for guests, across the spectrum of wellness, sports, family and wine. Summer in St-Barth is known for its pleasantly warm weather (average temperature in the 80s), tranquil beaches, and rise in European visitors, making it the ideal time to explore the destination and indulge in a Cheval Blanc experience.

## Summer Wellbeing

This program can be booked for one day or for an entire trip. The day starts with an early morning guided walk to Colombier beach where a private yoga session will be held looking out over the water. Colombier beach is only accessible by foot or by boat making it exceptionally peaceful, especially in the early morning, the perfect setting to start your day. Upon returning to the Maison, guests are greeted with a detox juice made with orange, lemon, spinach, cucumber and parsley at the Spa Garden Pavilion for a boost of energy, before a challenging Pilates class. Following Pilates, guests have the day at leisure including a 50 minute spa treatment before an evening candlelit meditation session in the Maison's tropical gardens.

Advanced booking required for a maximum of four people.





# Sailing School

St. Barth's smooth sea and mild weather create the perfect atmosphere for learning to sail. This three-day program teaches guests the skills needed to become a master sailor. After learning about the island and sailboat basics, guests attend a two and a half day sailing school and practice on Laser, HC 16 or RS Venture sailboats culminating in a practical course along the coast of St. Barth on a 15 meter Dufour 500 sailboat accompanied by a captain. At the end of each day, participants are rewarded with a muscular massage designed by Guerlain at the Cheval Blanc Spa to refresh and restore tired muscles.





# Garden Adventure

Although it is well known for its prime beachfront location, the tropical gardens of Cheval Blanc rival the beach for scenic beauty. Accompanied by Clément, the Maison's resident gardener, children staying at the Maison can set off for a tour of the gardens and learn about the plants and animals living there. Each child is armed with a map and customizable herbarium as they set out to meet turtles, peacocks, iguanas, birds, rabbits, and chickens. The final stop on the walk is at the Maison's organic vegetable garden filled with aromatic plants such as wild mint, cilantro, and fruit trees. At the end, children are treated to a snack and a special drink made in the garden such as a virgin mojito with fresh mint and a slice of warm banana bread.

For children six years and older, maximum of four children per group. (Complimentary)





# Organic Wine Tastings

During her tenure as Head Sommelier at Cheval Blanc St-Barth Isle de France, Jo Clarke has added over 25 natural or organic wines to the wine list including a delightfully earthy 2012 Duband Nuits-Saint-Georges 1er Cru "Les Procès," a rich Clos Blanc de Vougeot 1er Cru, and a beachside classic Château les Valentines Côtes de Provence rosé. She is available for private wine tastings for guests and can also suggest organic wine pairings for lunch or dinner.

Jo has developed a passion for natural and organic wines from around the world. Her curiosity for fresh, local, and organic foods was sparked by Chef Daniel Rose of Spring, one of the leaders of the Slow Food Movement. With the help of Spring's sommelier, Jo gained a deep understanding and passion for natural and organic wines as well as a comprehension of the independent winemakers who are leading a movement against the use of chemicals to treat their precious vines. After stints at Le Meurice and Chez Pierre at the Palais Royale, Jo joined the team at Cheval Blanc St-Barth Isle de France where she has developed a vibrant beverage program.



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## NOTES TO EDITOR

## About Cheval Blanc St-Barth Isle de France

Cheval Blanc St-Barth Isle de France is the third Maison in the Cheval Blanc portfolio. On Baie des Flamands – one of the island's finest beaches – it is home to 40 suites, bungalows and villas and La Case de L'Isle, one of St Barth's hottest dining destinations. The interiors are by Bee Osborn of Osborn Interiors and encapsulate the charm of the French West Indies, with a nod to the island's heritage.

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#### About LVMH Hotel Management

Cheval Blanc is the luxury hospitality brand developed by LVMH Hotel Management, a specialist entity of the LVMH Group. The group began with the 36-room, Cheval Blanc Courchevel and the second property – Cheval Blanc Randheli – opened in the Maldives in mid-November. Cheval Blanc St-Barth Isle de France is the third Maison to join the portfolio. Other confirmed projects include la Samaritaine in Paris and Oman.

LVMH Hotel Management has complete ownership of the brand; its direction, design, service and management, led by its own, dedicated in-house team. This team of specialists, selected from across the luxury goods and hospitality industries, demonstrates the brand's commitment to providing guests with a crafted and exclusive experience.

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